Examples of Antecedent Interventions

Minimize the Likelihood of the Setting Event
- Medical Treatment For Illness, Pain, Allergies, etc.
- Change Schedule To Avoid Setting Event
- Establish Consistent Sleep Patterns
- Change Physical Environment To Avoid Setting Event

Neutralize the Setting Event
- Rehearse Schedule Before Each Transition
- Engage In A Highly Preferred Routine Prior To Antecedent Event
- Reschedule Canceled Events
- Provide High Levels Of Attention
- Provide Opportunities For Child To Make Choices And Exert Control

Withhold or Eliminate the Antecedents Associated with Problem Behavior
- Avoid Using Verbal Demands When Presenting A Task To The Student Using Nonverbal Cues
- Change Schedule Temporarily By Switching To A More Preferred Activity
- Temporarily Present Easier Tasks
- Make Changes In The Environment Or Task

Add More Prompts for Desirable Behavior
- Provide Frequent Reminders To Use A Communicative Response
- Prompt Student To Use A Relaxation Strategy
- Help Initiate Positive Interactions With Peers

Increase the Value of Reinforcement for Desirable Behavior
- Provide Frequent Attention For Positive Behaviors
- Intersperse Simple Requests To Increase Positive Feedback To The Child
- Provide More Reinforcement By Temporarily Decreasing The Amount Of Work You Expect Completed

Examples of Antecedent Interventions

Remove The Trigger For Problem Behavior
- Treat Medical and Health-related Problems
- Address Emotional and Physiological Issues
- Evaluate Problems Related To Medication Side Effects
- Reorganize The Environment So That The Antecedent Is No Longer Present
• Change The Way In Which A Demand Is Presented

Modify The Environment
• Change The Difficulty Of A Task
• Create Routines With High Predictability
• Use What The Child Likes To Organize A Task
• Offer Choices
• Intersperse High Probability Tasks With Non-preferred Tasks
• Get Involved In The Activities In Ways That Increase Interest
• Present Information Clearly And In A Simple Manner
• Use Visual Cues To Show When A Task Is Complete
• Provide Reminders To Engage In Positive Behavior

Examples of Teaching New Skills

Interventions For Reinforcing The Use Of Already Existing Communication Skills
• Remind Child When To Use Communication Skills
• Prompt Prior To Problem Behavior
• Ensure That Reinforcement For Appropriate Behavior Is Effective And Efficient

Interventions For Teaching A Child To Communicate
• Make A List Of Each Skill Needed To Communicate
• Prompt Prior To Problem Behavior
• Create A Plan For Prompting Each Step
• Fade Prompts And Support Over Time
• Ensure That Reinforcement For Appropriate Behavior Is Effective And Efficient

Self-management
• Used To Replace Problem Behavior With A Positive Skill
• Children Take Charge Of Their Own Life
• Become Active In Monitoring Their Own Behavior
• Set Their Own Goals And Evaluate Progress
• Identify And Reinforce Themselves

Examples of Consequence Interventions

Extinction
• Withdrawing or terminating reinforcement that maintains problem behavior
• Includes strategies like ignoring problem behavior
Scheduling Preferred Activities After Non-preferred Tasks

- Use Preferred Activities and Items
- Schedule Preferred Events Immediately Following A Non-preferred Task
- “As Soon As We Finish _____(Make The Bed, Brush Your Teeth, Take A Shower, Etc.), We Can ______!!! (Read A Book Together, Play Video Games, Go Outside, Etc.)”
- Avoid Threatening or Nagging The Child
- Use As a Natural Reason To Finish Task Quickly

High Ratio Of Positive Reinforcement

- Provide High levels of positive feedback
- Provide 4 positive statements for every demand or request
- Deliver reinforcement to child immediately when you observe her engaging in positive social behaviors

Intervene Early In The Escalating Pattern Of Problem Behavior

- Use functional Behavioral Assessment Information To Identify Behaviors Maintained By The Same Function
- Intervene Early In The Chain Of Behavior
- Redirect Child Early In The Chain Of Problem Behaviors